



Weyco Kitchen

Hot School Meals

Spring Term 2022 School Lunch Menu

Remember - orders to Weymouth College need to be received by Sunday for the following week (8 Days in advance) so any changes made after this time will not be sent



FREE School Lunches

If your child is in Reception, Year 1 and Year 2 school lunches are FREE

If your child is in Years 3, 4 or 5 they may be entitled to a free school lunch if you are in receipt of certain benefits

Please speak to the school office for further information or contact the Dorset Council website at www.dorsetcouncil.gov.uk/home.aspx to apply



1. Please note that we use low fat, low/reduced sugar, low salt ingredients where possible in items such as custard, mayonnaise and baked beans etc.
2. We use local butchers, bakers, fruit, vegetable and dairy suppliers within the Dorset area.
3. Many items on the menu include high quantities of items such as chickpeas, lentils and fresh vegetables that are not visible on the menu.
4. Whilst we try our hardest to be as accurate with allergens information as possible we cannot guarantee to be 100% accurate.
5. If your child has allergies or dietary requirements please contact the school office.
6. Weyco Services do not consider butchered meat products from the Fantastic Sausage Factory in Weymouth as processed foods.
7. The menu is school food plan compliant.

Menu Week 1 - weeks beginning 3rd Jan, 31st Jan, 28th Feb & 28th March

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Fantastic sausages with mashed potatoes & gravy

Cheesy topped tuna pasta bake with garlic bread

Southern style chicken breast burger in a soft white roll served with wedges

Roast Beef, Yorkshire pudding, roast potatoes & gravy

Cod fillet fish fingers with chips

Vegetarian

Red onion & rosemary sausages with mashed potato & gravy

Cheesy topped wholemeal tomato & basil pasta bake

Quorn Southern style burger in a soft white roll with wedges

Stuffed courgette with Yorkshire pudding & gravy

Fishless fingers with chips

Side Dish

Peas

Cherry tomato

Sweetcorn

Carrots & green beans

Peas

Jacket Potato

Baked beans & grated cheese

Baked beans & grated cheese

Baked beans & grated cheese

Baked beans & grated cheese

Baked beans & grated cheese

Sweet

Gingerbread man

Banana & custard

Carrot cake

Fresh fruit salad

Chocolate & orange pudding

Alternative Sweet

Fruit Pieces or Yoghurt or Combination

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Menu Week 2 - weeks beginning 10th Jan, 7th Feb, 7th March & 4th April

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Football cheeseburger with onion rings & chips

Beef mince & onion pie with mashed potato & gravy

BBQ pork strips in a pitta pocket with fusilli pasta

Roast Chicken with stuffing balls, roast potatoes

Battered Cod Goujons with wedges & spaghetti hoops

Vegetarian

Football veggie burger with onion rings & chips

Wholemeal soya mince & onion pie with mashed potato & gravy

BBQ quorn strips in a pitta pocket with fusilli pasta

Wholemeal vegetable quiche with stuffing balls & roast potatoes

Cheese Nuggets with wedges & spaghetti hoops

Side Dish

Peas

Cherry Tomatoes

Vegetable Rice

Carrots & Broccoli

Peas

Jacket Potato

Tuna mayonnaise & grated cheese

Tuna mayonnaise & grated cheese

Tuna mayonnaise & grated cheese

Tuna mayonnaise & grated cheese

Tuna mayonnaise & grated cheese

Sweet

Chocolate brownie

Fruit crumble with cream

Fruit yoghurt

Fresh fruit salad

Victoria cream sponge with strawberries

Alternative Sweet

Fruit Pieces or Yoghurt or Combination

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Fruit Pieces or Yoghurt or Combination

Menu Week 3 - weeks beginning 17th Jan, 14th Feb & 8th March

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Beef lasagne with garlic bread

Macaroni cheese with ham

Roast pork with roast potatoes & gravy

Chicken nuggets served with ¼ jacket potato

Cod fillet fish fingers with chips

Vegetarian

Soya lasagne with garlic bread

Macaroni cheese

Falafel & spinach ¼ pounder with roast potatoes & gravy

Vegetable nuggets served with ¼ jacket potato

Fishless fingers with chips

Side Dish

Salad

Side salad

Carrots & broccoli

Mixed vegetables

Peas/sweetcorn

Jacket Potato

Spaghetti hoops & grated cheese

Spaghetti hoops & grated cheese

Spaghetti hoops & grated cheese

Seafood mayonnaise

Spaghetti hoops & grated cheese

Sweet

Fruit flapjack

Mini iced & choc doughnut

Fresh fruit salad

Waffles with fruit & squirty cream

Strawberry mousse

Alternative Sweet

Fruit Pieces or Yoghurt or Combination

Fruit Pieces or Yoghurt or Combination

Fruit Pieces or Yoghurt or Combination

Fruit Pieces or Yoghurt or Combination

Fruit Pieces or Yoghurt or Combination

Menu Week 4 - Week Beginning 24th Jan & 21st March

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pork meatballs with spaghetti

Chicken Korma with onion bhajis

Mild chilli beef nachos with sour cream

Pepperoni pizza with side salad

Ultimate Tasty fishcakes with shredded lettuce served in a soft roll with chips

Vegetarian

Moving Mountain plant based meat balls with spaghetti

Vegetable Korma with onion bhajis

Mild chilli soya nachos with sour cream

Cheese & tomato pizza with side salad

Homemade vegetable tart with shredded lettuce with chips

Side Dish

Cherry tomato

Vegetable rice

Tomato salsa

Corn on the cob

Peas

Jacket Potato

Grated cheese & BBQ Sausage

Grated cheese & BBQ Sausage

Grated cheese & BBQ Sausage

Grated cheese & BBQ Sausage

Grated cheese & BBQ Sausage

Sweet

Star wars shortbread biscuit

Chocolate swiss roll

Pancakes with maple syrup & squirty cream

Fruit jelly

St Clements cheesecake

Alternative Sweet

Fruit Pieces or Yoghurt or Combination

Fruit Pieces or Yoghurt or Combination

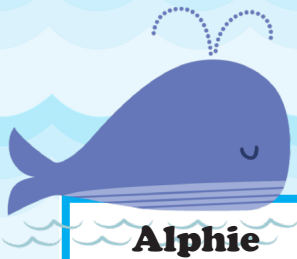
Fruit Pieces or Yoghurt or Combination

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Fruity Friends

Lunch Box Menu



Alphie Lunch	Bertie Lunch	Charlie Lunch	Dannie Lunch	Ellie Lunch
Nut Free	Vegan, Vegetarian, Nut Free	Vegetarian, Nut Free	Vegetarian, Dairy Free	Gluten Free & Nut Free
Ham in white sandwich	Tuna wrap	Sliced Red Leicester in a brown roll	Tomato & basil pasta pot	Red pesto pasta pot
Apple	Satsuma	Apple	Pear	Banana
Vegetable Bag	Vegetable Bag	Vegetable Bag	Vegetable Bag	Vegetable Bag
Cookie	Dried Fruit & Raisins	Jaffa Cake	Popcorn	Danish Pastry
Yoghurt	Fruit Jelly	Yoghurt	Fruit Jelly	Yoghurt
Drink	Drink	Drink	Drink	Drink



Drinks and School Trips - We currently provide water on the lunchtime table and find the packed lunch drinks are a little excessive for small children and damaging to the environment.

We have decided not to put them in years Reception, 1 and 2 packed lunches. We would like to continue as we are for years 3 and above and will keep the drinks in for school trips etc. If your child is due on a school trip their meal will change automatically to packed lunch "C".



Theme Day
Tuesday 1st February
Chinese New Year

Cost - Meals are priced at £2.45

Payment must be made in advance of any orders, they can be made weekly or in full via SCOPay.

If your child is absent the money cannot be refunded for meals that have already been ordered with the College as the school will be charged for them.

Changes or cancellations can be made in advance online.

DTA

Dorset Training Academy

The Dorset Training Academy at Weymouth College deliver a range of comprehensive industry focussed short courses including First Aid, Food Safety, British Sign Language and Mental Health First Aid.

To find out more visit our website www.weymouth.ac.uk/subjects/professional-courses

Email dta@weymouth.ac.uk or call us on 01305 764748.

Easter Holidays Activities at Redlands Community Sports Hub

Monday – Friday 9.00am – 5.00pm
£16.00 per day

Exclusively for children aged 6-12.

A wide range of activities including multisports, mini games, arts & crafts and much, much, more!

Please call 01305 813113, email redlands@weymouth.ac.uk or follow our Facebook page www.facebook.com/redland-scommunitysportshub for more information.