

WEEK 4	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	CONTAINS PORK	CONTAINS PEPPERS
MONDAY																
Breaded Chicken Nuggets		C														
Vegan Nigget		C							C				C			
Wedges																
Chocolate Crispie		C					C						C			
TUESDAY																
Beef Lasagne		C					C									
Quorn Lasagne		C		C			C									
Garlic Bread		C					M						M			
Apple Crumble & Custard		C		M			C						M			
WEDNESDAY																
Creamy Chicken & Mushroom							C									M
Creamy Quorn & Mushroom		C					C									M
Vegetable Rice																M
Oatmeal & Rasin Cookie		C		M			C			M			M			
THURSDAY																
Gammon Slice															C	
Mushroom Crumble		C					C									
New Potatoes																
		C		C			C									
FRIDAY																
Fish Cake		C			C		C		C							
Veggie Bake	M	C		C			C									M
Chips																
Marmalade Sponge		C		C			C									
DAILY																
Grated Cheese							C									
Seafood Mayonaise			C	C	C											
Tuna Mayo				C	C				C							
Yoghurt							C			M	M					
C = Contains																
M = May Contain																

