

Fruity Friends

Lunch Box Menu

Alphie Lunch	Bertie Lunch	Charlie Lunch	Dannie Lunch
Nut free	Nut free	Vegetarian & nut free	Nut free, vegan, dairy free, gluten free & vegetarian
White Ham Roll	Tuna Mayonnaise Brown Sandwich	Grated Mild Cheddar in a Brown Roll	Tomato & Basil Pasta Pot
Apple	Satsuma	Apple	Banana
Fruit Loaf	Jaffa Cake	Shortbread	Dried Fruit & Raisins
Fruit Yoghurt	Cheese Finger	Fruit Yoghurt	Fruit Jelly
Water	Water	Water	Water

Drinks and School Trips - We currently provide water on the lunchtime table and find the packed lunch drinks are a little excessive for small children and damaging to the environment.

We have decided not to put them in years Reception, 1 and 2 packed lunches. We would like to continue as we are for years 3 and above and will keep the drinks in for school trips etc. If your child is due on a school trip their meal will change automatically to packed lunch "C".

Christmas Menu

Roast Turkey & Roast Potatoes
with Pigs In Blankets, Carrots,
Brussel Sprouts & Gravy

Quorn Roast with Carrots, Brussel
Sprouts & Gravy

Chocolate Sponge & Chocolate
Sauce

With, Crackers & Hats

Thursday 19th December

Cost - Meals are priced at £2.50

Payment must be made in advance of any orders, they can be made weekly or in full via SCOPay.

If your child is absent the money cannot be refunded for meals that have already been ordered

with the College as the school will be charged for them.

Changes or cancellations can be made in advance online.

DTA

Dorset Training Academy

The Dorset Training Academy at Weymouth College deliver a range of comprehensive industry focussed short courses including First Aid, Food Safety, British Sign Language and Mental Health First Aid.

To find out more visit our website www.weymouth.ac.uk/subjects/professional-courses

Email dta@weymouth.ac.uk or call us on 01305 764748.

Weyco Kitchen Hot School Meals

Autumn Term 2024 School Lunch Menu

Remember - orders to Weymouth College need to be received by Sunday for the following week (8 Days in advance) so any changes made after this time will not be sent

FREE School Lunches

If your child is in Reception, Year 1 and Year 2 school lunches are FREE

If your child is in Years 3, 4, 5 or 6 they may be entitled to a free school lunch if you are in receipt of certain benefits

Please speak to the school office for further information or visit the Dorset Council website at www.dorsetcouncil.gov.uk/home.aspx to apply

1. Please note that we use low fat, low/reduced sugar, low salt ingredients where possible in items such as custard, mayonnaise and baked beans etc.
2. We use local butchers, bakers, fruit, vegetable and dairy suppliers within the Dorset area.
3. Many items on the menu include high quantities of items such as chickpeas, lentils and fresh vegetables that are not visible on the menu.
4. Whilst we try our hardest to be as accurate with allergens information as possible, we cannot guarantee to be 100% accurate.
5. If your child has allergies or dietary requirements please contact the school office.
6. Weyco Services do not consider butchered meat products from the Fantastic Sausage Factory in Weymouth as processed foods.
7. The menu is school food plan compliant.

Conifers Primary School, Radipole Lane, Weymouth, Dorset
DT4 0QF

Tel: 01305 771289, Email: finance@conifers.dorset.sch.uk

Menu Week 1 - Weeks Beginning 2nd September, 30th September, 4th November & 2nd December

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Zoz Beef Burger & Wedges	Spaghetti Beef Bolognese & Garlic Bread	Spanish Chicken & Chorizo	Roast Pork with Roast Potatoes	Breaded Fish Fillet & Chips
Vegetarian	Veggie Burger & Wedges	Quorn Spaghetti Bolognese & Garlic Bread	Spanish Quorn & Peppers	Stuffed Pepper with Roast Potatoes	Quorn Bake & Chips
Side Dish	Baked Beans	Carrot Sticks	Vegetable Rice	Broccoli & Carrots	Peas
Jacket Potato	Baked Beans & Grated Cheese	Baked Beans & Grated Cheese	Baked Beans & Grated Cheese	Baked Beans & Grated Cheese	Baked Beans & Grated Cheese
Sweet	Fruit Flapjack	Fruit Yoghurt	Blueberry Muffin	Fruit Salad	Jam Sponge
Alternative Sweet	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination

Menu Week 2 - Weeks Beginning 9th September, 7th October, 11th November & 9th December

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Sausage & Mash	Chunky Chicken & Vegetable Pie & New Potatoes	Cheese Topped Beef Bolognese Penne	Roast Chicken & Roast Potatoes	Breaded Fish Fingers & Chips
Vegetarian	Veggie Sausage & Mash	Chunky Vegetable Pie & New Potatoes	Cheese Topped Quorn Bolognese Penne	Spinach & Falafel Bake & Roast Potatoes	Quorn Fishless Fingers & Chips
Side Dish	Peas	Mixed Vegetables	Carrot Sticks	Carrots & Cauliflower	Peas & Sweetcorn
Jacket Potato	Tuna Mayo & Grated Cheese	Tuna Mayo & Grated Cheese	Tuna Mayo & Grated Cheese	Tuna Mayo & Grated Cheese	Tuna Mayo & Grated Cheese
Sweet	Chocolate Brownie	Banana & Custard	Fruit Jelly	Fruit Salad	Banana Cake
Alternative Sweet	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination

Menu Week 3 - Weeks Beginning 16th September, 14th October, 18th November & 16th December

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Sausage Roll & Potato Croquettes	Mild Chicken Curry & Naan Bread	Red Pesto & Bacon Penne with Garlic Bread	Sausage Casserole & Roast Potatoes	Fishwich in a Roll with Wedges
Vegetarian	Plant Based Sausage Roll & Potato Croquettes	Mild Vegetable Curry & Naan Bread	Red Pesto & Cherry Tomato Penne with Garlic Bread	Quorn Sausage Casserole & Roast Potatoes	Vegetable Burger with Wedges
Side Dish	Baked Beans	Vegetable Rice	Side Salad	Carrots & Green Beans	Shredded Lettuce
Jacket Potato	Spaghetti Hoops & Grated Cheese	Spaghetti Hoops & Grated Cheese	Spaghetti Hoops & Grated Cheese	Spaghetti Hoops & Grated Cheese	Spaghetti Hoops & Grated Cheese
Sweet	Shortbread	Pain Aux Raisin	Winter Fruit Crumble	Fruit Salad	Dorset Apple Cake
Alternative Sweet	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination

Menu Week 4 - Weeks Beginning 23rd September, 21st October & 25th November Menu Week

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Crispy Breaded Chicken Goujons & Potato Balls	Pork Meatballs & Spaghetti	Sweet & Sour Chicken	Roast Beef & Yorkshire Pudding with Roast Potatoes	Fish Fingers & Chips
Vegetarian	Crispy Breaded Vegetable Bake & Potato Balls	Moving Mountains Plant Based Balls & Spaghetti	Sweet & Sour Quorn	Mushroom & Stilton Wellington & Roast Potatoes	Quorn Fishless Fingers & Chips
Side Dish	Peas	Cucumber Sticks	Oriental Vegetable Noodles	Carrots & Green Beans	Baked Beans
Jacket Potato	BBQ Sausage & Grated Cheese	BBQ Sausage & Grated Cheese	BBQ Sausage & Grated Cheese	BBQ Sausage & Grated Cheese	Seafood Mayo & Grated Cheese
Sweet	Gingerbread	Jam Doughnut	Strawberry Mousse	Fruit Salad	American Style Pancake & Maple Syrup
Alternative Sweet	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination