

# News From Thrive

## Spring 1 2026

We began the New Year by thinking of some resolutions that we'd like to make, and have been revisiting these regularly - practice makes perfect!

In addition to our academic learning, this half term we have focussed on our bodies, and naming our emotions and senses. The children have enjoyed circle times where we have practised the skills of listening and turn taking. We have enjoyed describing different materials, thinking about the smells we like and dislike, and trying fruits we may not usually eat.

The rain hasn't stopped us from outdoor activities as the children have continued to maintain our garden area, and have also enjoyed a senses walk and scavenger hunt - looking for nature in our school environment.

This week we have been participating in activities linked to Children's Mental Health Week and have completed many 'Stormbreaks' (short movement breaks which help us to regulate our emotions through movement). We have also taken part in Safer Internet Day.

As we continue to spend as much time outside as we can enjoying our lovely garden area, please ensure your child has suitable clothing and footwear in school. Thank you.



Have a lovely half term!