

Conifers Recovery Curriculum

Recovery Curriculum

We have been thinking about what a curriculum might look like for children in this next phase of school and have used some guidance issued by the Educational Psychology Team at Dorset Council and from Educationalist Barry Carpenter. As the children return to school in the new academic year 20/21, we will be implementing a "Recovery Curriculum" to help transition all children back to school. To help us support children with this, our "Recovery Curriculum" will focus on five areas:

- Positive Relationships
- Enjoy and Achieve
- Feelings and Behaviour
- Physical Health and Wellbeing
- Academic Success

Academic Success

Time will be allocated in the daily timetable to teach an ambitious and broad curriculum in all subjects which will enable all children to learn new knowledge, skills and to catch up. Children in all year groups will have the opportunity to catch up on all previously missed National Curriculum objectives for the year group they left as part of Quality First Teaching

The children will have daily reading, writing, phonics, maths and wider curriculum lessons.

Intervention groups in class for identified children in need of enhanced 'catch up'.



Enjoy and Achieve

It is important for the children to feel success and can engage in moments of enjoyment and achievement which may feel usual to being in school. This will be within the children's abilities and easily accessible. We recognise that when children have experienced loss or trauma, their abilities to learn new concepts is harder so lessons will be planned with this in mind, to enable the children to feel success in their learning.

We will be providing enjoyable activities which provide children with "fun" so that they can rejuvenate with positive endorphins and want to engage.



Positive Relationships

The children will complete activities to connect with the children and staff in their class. For our children, it will be important for them to feel listened to and to process their emotional experiences of lockdown. The children will be given the opportunity to discuss what has happened, how it affected them, what sense they made of it and how they managed it. Talk time with a trusted person and in a safe environment will therefore be a crucial element of this recovery curriculum.

Children will complete daily activities on this theme.



Feelings and Behaviour

Time will be allocated in the daily timetable to support children's emotional development and equip them with the tools for a secure stress-regulation system. These tools should enable the children to settle, to feel safe, to concentrate, to be curious and to be willing to work alongside their peers and work in collaborative ways.

Through these daily Well-Being sessions, we aim to develop children's' resilience and enable them to talk about their feelings.



Physical Health & Wellbeing

Physical activity is key to supporting stress management and emotional regulation. The children will be supported to re-engage with physical health and wellbeing routines as well as learn new routines which will support children to keep safe and enable infection control.

Additional physical activity time in school each week which will vary for the different year groups but could include; work outs with Joe Wicks, Boogie Beebies, Go Noodle, Comic Kids, learning outdoors or PE.



Attendance continues to be one of our whole school priorities and this will continue for the new academic year. We recognise that due to the Covid-19 school closures, children and families may be anxious about returning to school for a variety of reasons. We are hoping that our "Recovery Curriculum" will ease children's anxieties about returning to school. However, in addition to the "Recovery Curriculum", the school will continue to support children attending school by using our trained ELSA's, children and parents will have the opportunity to meet with the school Emotional Health & Family Liaison Lead and the use of rewards and incentives for attendance.