

WEEK 1	CELERY	CEREALS (GLUTEN)	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	CONTAINS PORK	CONTAINS PEPPERS
MONDAY																
2oz Burger Burger		C							C				C	C	C	
Veggie Burger		C											C	C		
Wedges																
Fruit Flapjack		C					C						C	C		
TUESDAY																
Beef Bolognaise																M
Quorn Bolognaise													C			M
Spaghetti		C														
Garlic Bread		C					M						M			
Fruit Yoghurt							C									
WEDNESDAY																
Hunters Chicken Bake															C	C
Quorn & BBQ Bake		C														C
Vegetable Rice																
Blueberry Muffin		C		C			C			M			M			
THURSDAY																
Roast Pork															C	
Nutless Roast		C		C												
Roast Potatoes																
FRIDAY																
Breaded Fish Fillet		C			C											
Quorn Bake		C		C			C									
Chips																
Jam Sponge		C		C			C									
DAILY																
Grated Cheese							C									
Baked Beans																
Fruit Pieces																
Yoghurt							C			M	M					

C= Contains

M= May contain